



Power Connections®

Advancing Women

A telephone-coaching program in observing the curiosity within
to powerfully connect with others

Why use Power Connections® Telephone-Coaching?

- ✓ No travel costs
- ✓ No loss in productivity due to travel time
- ✓ Easily integrate Telephone-Coaching into daily schedule
- ✓ Simultaneously bring people together internationally
- ✓ Constant contact to check in often
- ✓ Real-time issue resolution
- ✓ Compliments current performance management efforts
- ✓ Uncover hidden strengths already inside your organization
- ✓ Gain knowledge how by making even the smallest shift in communication can translate into huge results for the organization
- ✓ Bring employees together for a different kind of organizational effectiveness coaching, focused on **curiosity**, **clarity**, and **connections**

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Coaching for New Possibilities

Showing up is more than walking into the office, or into a boardroom meeting. How do the women in your organization show up in your business today? What impact are they making? What is your impact? When was the last time you looked for yourself? Do you and your organization have the skills to advance? How do you see yourself, your life, and your career?

Power Connections® Telephone-Coaching

Professional coaching method designed specifically for *women in leadership* at all levels in the corporate environment

Explores new skills to **connect people *inside and outside*** of the organization

Creates high performance workgroups through a new procedure by coaching over the phone which is easy to organize and adds zero travel costs.

Create a constant environment for teams to stay connected.

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About the Coaches

Gigi Sage

International author, speaker, coach and trainer for more than 20 years on the subject of male-female business relationships. Professional coach for personal, project and career advancement.

Birgit Zmrhal

Personal success strategist, master of contact management inside and outside the organization and clarity coach helping leaders balance creativity with goal oriented work. Member: European Women's Management Development International Network, WebGrrls Business Networking.

The Curriculum

Power Tools for Advancing Women

Curiosity Coaching – By first coaching how to use your own curiosity to “light” your self up and “light” up others around you to achieve the most fulfilling experience at work and in your life. This alone, creates amazing organizational attitude changes to better understand personal and team desires.

Clarity Coaching – Next, facilitators explore with participants how to clarify what you want and how to make it happen by making confident choices inside the organization.

Connection Coaching – Finally, ongoing coaching tools for effectively networking inside and outside organization to extend your personal and professional impact.

The Curriculum

To immediately boost personal and team productivity, participants learn, practice and implement key leadership and communication skills using:

Skills

Curiosity – see people with a refreshed perspective

Observation & Feedback – understanding new views

Acknowledgement – focus on what works well

Receptivity – allow new ideas to emerge

Yielding – managing confrontations effectively

- ❖ Starting with short interviews with participants
- ❖ Dialogue is presented by two experienced coaches
- ❖ Dual coaches offer multiple dynamic perspectives
- ❖ Working with entire group on general or specific topics

Why Curiosity?

- ❖ When you are curious, you are more invested
- ❖ When you are curious, you take more responsibility
- ❖ When you are curious, you are more aware
- ❖ When you are curious, you want to advance
- ❖ When you are curious, you are more productive
- ❖ When you are curious, you are more creative
- ❖ When you are curious, you have more fun

*Creating a curious workplace keeps
your team genuinely interested and
engaged.*

How it works

Key Learning

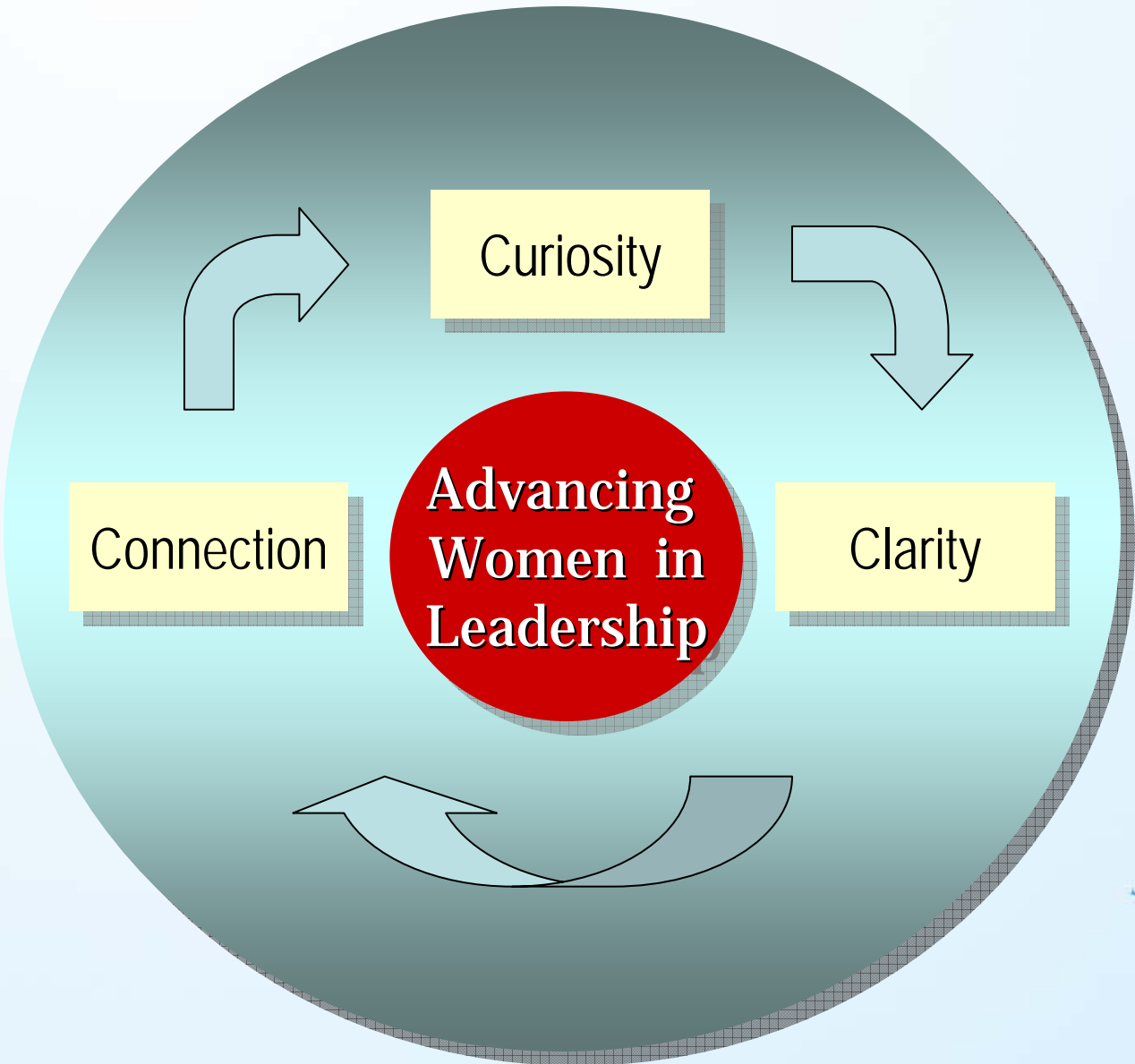
Each participant will actively learn new skills with new eyes to:

- ❖ Effectively Communicate
- ❖ Personal Impact
- ❖ Eliminate Pressures at Every Turn
- ❖ How to improve individual influence/positioning
- ❖ Begin to Re-discover Curiosity in the Workplace and in their Career

Telephone-Coaching method offers:

- ❖ Real-time issue resolution
- ❖ Ongoing skills practice discussions
- ❖ Group participant involvement
- ❖ Participants learning from each other
- ❖ Dual coaches facilitation for entire process
- ❖ Frequency depends on topics, client needs
- ❖ Weekly, Bi-monthly or Monthly

Results



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Results

Better listening, better questioning

increased career performance and stronger cooperative teamwork

Greater understanding of self and others

creating career path clarity

New ideas fostering individual and team growth

increased productivity, new revenue, and unexpected career opportunities

Interested and engaged leaders

organizational retention

New-found driving energy from attitude shifts, opening eyes to new possibilities with power tools that advance women.

Client Feedback

“I can better see the strengths in others.”

Business Manager, Shell Chemical Company

“I enjoyed the coaching sessions and found them very useful. I was able to practice my skills and outline my plans during the period between sessions and then review progress and ask for tips on how to better handle future situations. It was a great way to not only manage progress against planned goals using a disciplined/structured approach but to also refocus as necessary.”

VP, J.P. Morgan Chase

“I use the acknowledgement tools again and again.”

IT Manager, Shell USA

“The class provided concrete actionable skills to develop and cultivate relationships. They were presented in a way that will allow us to use the information learned immediately and repeatedly.”

Manager, Avon Products, Inc.

“The facilitators were both very grounded and centered, with solid business experience and broad and deep understanding of work issues, gender issues, and personal issues that face women.”

VP, JP Morgan Chase

Additional Coaching Available

Seminars are also available if needed to launch face-to-face training sessions

Training Techniques include:

- ❖ Instructor and Group Dialogue
- ❖ Video Feedback
- ❖ Role Play
- ❖ Intensive Body Awareness Techniques
- ❖ Short Interviews with Participants

Telephone-Coaching Method used as continued support to reinforce new skill learning introduced in seminar setting

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Next Steps

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